



# Hello June

Newsletter  
June 2026

**SASi**  
**SANDPOINT**  
**AREA**  
**SENIORS, INC.**

820 Main Street  
Sandpoint, ID  
83864

Mon-Thurs 8:00-3:00  
Fri 8:00- 12:00  
208-263-6860

*Medical Equipment*

Mon-Thurs 8:00- 10:30 &  
12:30-2:30

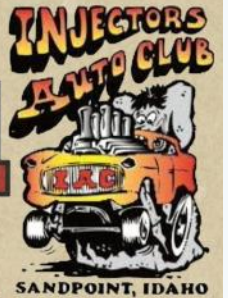
The Sandpoint Area Seniors, Inc. strives to address food insecurity and social isolation among the most vulnerable members of the senior community in the Bonner County area. We do this by providing nutritious meals both on-site and through home delivery as well as providing a gathering place and informational site for social, recreational, and wellness programs. Need a meal delivered to your home or connecting elder services in the area? Call for more information!

**Check out our website**

[www.sandpointareaseniors.org](http://www.sandpointareaseniors.org)  
a 501 (c) 3 non-profit corporation

Sandpoint Area Seniors Inc.

# Father's Day ★★ Weekend BBQ



**SATURDAY,  
JUNE 20, 2026**

10am to 2pm

**Music Featuring  
John Firshi**

## FOOD

\$12 per person  
12 and under \$6  
Additional drinks \$1



820 Main Street  
Sandpoint, ID 83864



# Thank You to our 7B Live Give Donors

Anonymous Donors  
 Brabender, Evelyn  
 Cox, Marian  
 Charlton, Rae  
 Cottrell, Joanne  
 Evans, Jane  
 Gerth, Jean

Gleason, Robbie  
 Halbert, Kathleen  
 Hughes, Lindsey & Jim  
 Kendle, Diana  
 Kosse, Denise  
 Legget, Rufayne  
 Marshall, Taylor

Martin, Adele  
 McMains, Barbara  
 Million, Yvette  
 Morgan, Lindsay  
 Pine, Anita  
 Poppino, Sue & Mick  
 Rinker, Millie  
 Royer, Craig

Strickler, Katherine  
 Tapp, Helen  
 Thoreson, Randy  
 Vetomile, Thomas  
 Wheatley, Rose

Thank you to everyone that participated in the 7B Live Give Campaign. Whether you donated to SASi or any of the other great Non Profits that make Bonner County go round, we appreciate you.

SASi hosted an open house with some of our community partners during the campaign. It was so great to see our community come together to support each other.

With your donations SASi raised \$5853.



Thank you to Elizabeth Hills and Lorriane Ohmann for allowing us to use the above picture for this campaign!



## Discussion Group

**Host:** Jim Payne  
**Tues 10:30-11:30AM Location :** SASi 820 main st

**Topic:** We get a lot from social groups: warmth of conversation, humor, intellectual stimulation. Let's add another benefit: the pleasure that comes from helping others. Too often, we think 'helping' others as a rather mechanical, material act, like giving someone a physical item like food or money, or donating time. This mechanical view can make the helping act seem rather sterile, even negative. The 'donor' has given up \$60, or 60 minutes and is simply that much worse off. In truth, helping others can be a rewarding activity. When carried out with thoughtful engagement, it can be fulfilling for both sides. The 'giver' ends up happier- even more benefitted that the receiver!  
 Group discussion can promote this thoughtful engagement.

## Flash Writing

**Host:** Lindy Flynn  
**Thurs 6/11 1:00-3:00PM Location :** SASi 820 main st

Flash writing commonly known as flash fiction, is a genre of prose that tells a complete, self contained story in an extremely concise format. While there is no single universally agreed-upon length, it is generally defined as stories ranging from a few words to a maximum of 1,500 words.

## Free Tech Help

Lindy Flynn is hosting once a month free tech help here at SASi. Bring in your devices at a first come first serve basis. Lindy specializes in troubleshooting. Next class will be Tue June 16th at 12:30-2:30.

## Felt Class



Puala Campbell having a great time during the last felting class.



Next Felting class hosted by Rae Lin Aller and Creations will be Thurs June 4th at 12:30. Cost is \$10. Making eagles. Limited seating. Call 208-263-6860 to reserve your spot.



SASi has an Amazon Wish List. You can find this on our website, search for "SASi Wish List" on amazon.com or type in <https://a.co/9HQYq5z>

## Medical Equipment

Do you need crutches, a walker or a bath seat? We have numerous items available for check-out! Bring us your gently used medical equipment as long as its clean and during business hours! **Mon-Thurs 8-10:30 am or 12:30-2:30 pm.**



Thank you for your support.

### Board of Directors

President: **Lindsey Hughes**  
Vice President: **Weslie Kary**  
Secretary: **Judy McComish**  
Treasurer: **Kellie Dryden**

**Jane Evans**  
**Robbie Gleason**  
**Joann Munch**  
**Sue Poppino**  
**Linda Zinn**

### Sasi Staff

Operations Manager & Meal Coordinator: **Jessie Vachon**  
Development Director: **HIRING**  
Finance Manager: **Nancy Savage**  
Administrative Assistant: **Arie Sykes**  
Head Chef: **Brenda Curtis**  
Sous Chef: **HIRING**  
Custodian: **Brad Webb**  
Lead Nutrition Aide: **HIRING**  
Nutritional Assistants: **Nova Dodd, Kristi Coldsnow**  
Volunteer Coordinator: **Sue Poppino**

## SASI UPCOMING ACTIVITIES

- Art Classes- Wed 12:30- 2:30
- Bridge Tues 12:30
- Bunco Mon 12:30— 2:30
- Discussion Group Tues 10:30-11:30 (NEW)
- Fit n Fall Proof Mon & Thurs 3:00-4:00
- Food for thought segment w/Donna Peterson Tues 11:25-11:30
- Music with Dan-o Mon 11:00-11:30(canceled 6/1)
- Open pool table Mon, Tue & Thurs 8:30- 10:30
- Piano music w/Richard Sandall Tues 11:00-11:30
- Pinochle Wed 9:30 -11:30 & 12:00-3:00
- Blood Pressure checks Thurs at 11:00 if EMTs are available
- Do you have a game you like to play but need a bigger space to host? We have the space. If interested please call 208-263-6860.

## SAVE THE DATES

- Felt Making Class Thurs 6/4 12:30 Eagle
- Old Time Fiddler Jam Sat 6/6 2:00-4:00
- Geezer Forum Tue 6/9 2:30 at Marigold Bistro & Café
- Flash writing Thurs 6/11 1:00-3:00
- Tech Help Tue 6/16 12:30-2:30
- Hair cut/ trim Tue 6/16 12:30-2:30 must rsvp. For seniors age 60 and above
- Father's Day Lunch Thurs 6/18 11:30
- Board Meeting is on Fri 6/19 at 10:30  
Open to the public
- Injector Car Club Father's Day BBQ Sat 6/20  
10:00-2:00 See Flyer
- Birthday Thursday 6/25 11:30  
50/50 Winner announced
- Breakfast Fundraiser 6/26 8:30 w/reservations  
\$10 charge
- Bingo Sat 6/27 doors open 12:30 play begins 1:00
- **Closed Friday 7/3**

Like us on Facebook!

<https://www.facebook.com/SASiSeniors/>



Volunteer drivers needed!

For more information  
call 208-263-6860

# Senior Companion Program

The Senior Companions Program is a volunteer program that provides companionship and respite care to the elderly and disabled. Sponsored by Panhandle Health District, it serves the five northern counties: Benewah, Bonner, Boundary, Kootenai, and Shoshone. It allows low income senior volunteers an opportunity to assist those who need minor help to continue living independently. Senior Companions visit clients in their homes, but it is not an in-home care program. We are always seeking volunteers to assist with companionship for this fun and rewarding program!

If interested in becoming a senior companion or are needing a companion please contact Dan Perry at 208-415-5177 or [www.seniorcompanionsidaho.org](http://www.seniorcompanionsidaho.org)

## Alzheimer's Support Groups

For Families, Caregivers and Friends of those with Dementia, Alzheimer's, and memory challenges meet on the 1st and 3rd Thursdays, 1 - 2:30 pm at the Marigold Bistro Meeting Room located at 414 Church St. Call Facilitator, Jan Griffiths 208.290.1973

## SASi Dining Room Lunch

Lunch is served Mon-Thurs at 11:30

As always, call the day before or no later than 9:30 am the day of Mon- Thurs to reserve your meal.

**Lunch Price:** Registered Seniors 60 yrs and older: \$7 suggested donation. NON-registered and guests under age 60: \$10 charge (mandatory)

*We have salad bar Mon- Wed at 11:00.  
Next breakfast is Fri June 26th at 8:30*

**MONTHLY BREAKFAST FUNDRAISER**

Guest Chef  
**Wendy Franck**  
from the Hoot Owl

Last Friday of Each Month \$10 Per Person

8:30 AM All Ages Welcome!

Reservations are required and will not be accepted after 3 pm on the Thursday before breakfast. Please call (208) 263-6860 to make your reservation today. Limited Seating.

May your birthday be filled with joy, laughter... and a ton of senior discounts.



your eCards someecards.com



Howard Bobbitt 6/6  
Karen Glaeser 6/7  
Pat Green 6/7  
Marilyn Dillion 6/8  
Kellie Dryden 6/8  
Jean Babcock 6/9  
Amanda Cambre 6/9  
Val Luce 6/11  
Doreena Close 6/12  
Debbie Knowles 6/14  
James Payne 6/17  
Marge Keating 6/18  
Alanna Sapara 6/18

Nancy Savage 6/19  
Darlene Lyon 6/19  
Anna McCauley 6/19  
Gina Imburgia 6/22  
Verna Gabel 6/22  
Chris Hood 6/23  
Sue Poppino 6/23  
Virginia Retford 6/23  
Sharon Boyce 6/24  
Jack Davault 6/25  
Kevin Vierstra 6/28  
Pamela Aunan 6/29  
Barbara Branson 6/30

Thank you generous supporters!! Find names and logos from donor organizations at [www.sandpointareaseniors.org/community-support/](http://www.sandpointareaseniors.org/community-support/)



**Shop at Yokes and support SASI!**

**Support Sandpoint Area Seniors with a Yoke's eScrip community card.**

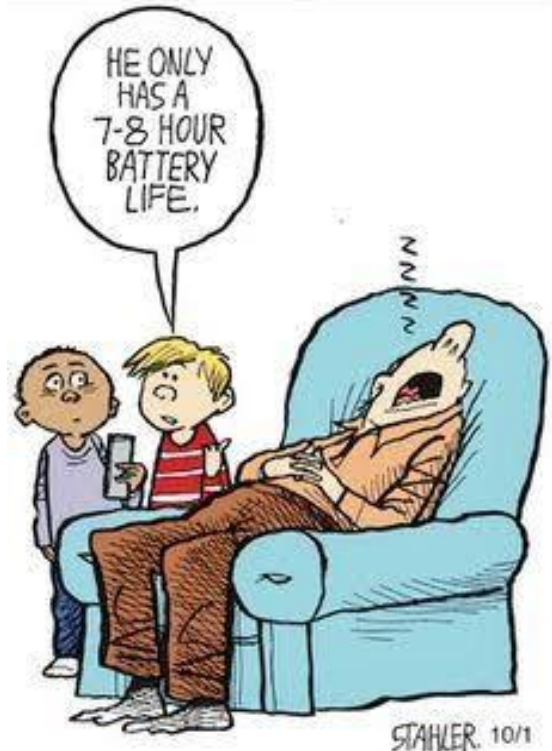
- Visit Yoke's Market & request a Yoke's eScrip Community Card.
- Activate your card by calling 1.800.931.6258 or visit [www.escrip.com/yokes.jsp](http://www.escrip.com/yokes.jsp)
- Present your card to the cashier every time you shop at Yoke's.
- Simply swiping your card generates contributions from Yoke's to Sasi.
- The more you shop, the higher the contribution.
- For every dollar you spend, Yoke's will contribute up to 5% of your purchase amount.

**Sandpoint Senior Center Inc Group ID# 500043338**

## KUDOS



- Victor Vachon for installing our new coffee maker.
- Vicky Johnson for cleaning up the rest of the big bark pieces and tea donation.
- Patti Stark for the bottled water, tea, pears, candy, office supplies and cleaning supplies.
- Nikki Klein for the hand soaps, food containers & office supplies.
- Carol Smith /7th Adventist Church for the Ninja blender and food.
- Bonner-Boundary Cattle Association for the voucher for ground beef from Woods Meat.
- Patti Stark, Linda Diffey & Sally Sacht for helping with office tasks.
- Bob Gooby for sharpening our knives.
- Sally Sacht for helping package meals.
- Betty Overland for furniture leg protectors.
- Mike Driscoll for walking sticks.
- Sandpoint Library for providing poems for "Poem in your pocket day."
- Lindsey Hughes & Jen Inman for helping with lawn care.
- Alandra Doran for food containers.
- Amanda Cambe for putting leg protectors on our dining room chairs.
- Summer Loutzenhiser for the fresh bakery items.
- Food Bank for eggs.
- Group of teenage boys for picking up yard debris. (pic included)
- Congrats to our 50/50 winner Patti Stark.



Would you like to receive this newsletter *at home*? Help us save paper and receive it free through *email*. Please provide your email address. Newsletters, menu, and activity calendar are also on our website at [www.sandpointareaseniors.org](http://www.sandpointareaseniors.org) We can mail it to you for \$24/year to cover printing and mailing.



### Development Director

Do you want to help enrich the lives of Sandpoint Area Seniors? SASi is recruiting for a Development Director, a rewarding role that is vital to funding our nutrition and social services. Interested persons may review a job description on SASi's Facebook page and may apply by sending resume to [info@sandpointareaseniors.org](mailto:info@sandpointareaseniors.org) or in person at 820 Main St.

### Sous Chef

Mon- Fri  
\$15-17 DOE  
15-20 hrs a week

### Lead Nutrition Aide

Mon- Thurs  
\$15.50-\$16 DOE  
16-20 hrs a week

If interested call 208-263-6860 or send your resume to [info@sandpointareaseniors.org](mailto:info@sandpointareaseniors.org) or in person at 820 Main St.

## SUDOKU

Fill the 9x9 grid so every row, column, and 3x3 box contains digits 1-9 without repetition.

For strategies on solving Sudoku, Visit [Sudoku.org.uk](http://Sudoku.org.uk). Level Hard

	6	3			5			
9							8	
3	8				4			
7	5			8				
	4	8	7	5				
			6		2			
	9			1		4		
2			9			6		
5			7	2				

SASi is celebrating our loved ones, friends, and supporters by creating an *Inspiration Garden*, paved with inscribed bricks. This is a great opportunity to honor someone special in your life, pass along an encouraging phrase that has special meaning, show your support for SASi, or simply leave your name and permanent mark in a beautiful Sandpoint outdoor setting. If you act by June 10th, you can be a part of the first installation of bricks in our redone *Inspiration Garden*, expected by early August 2026. The *Inspiration Garden* will be an inviting space to rest and reflect, or share a cold drink with a friend on a hot day. SASi is hoping you can help make this dream a reality.

4 x 8 Bricks will be inscribed with three lines, 20 characters per line at a price of \$100. Larger bricks with more lines for inscription are also available at different pricing.

The Inspiration Garden is inspired by the indomitable Loris Michael, who was considered the heart of SASi during her many years as a Board Member, participant and fund raiser. A memorial garden in her honor will reflect her gracious and welcoming spirit. Proceeds from sales will benefit SASi's increasingly vital nutrition and social programs for Bonner seniors.

Place your order now, and before June 10, 2026 so you can be a part of the initial phase of this dedicated and very special space. Order information is available at [www.sandpointareaseniors.org](http://www.sandpointareaseniors.org), or submit the form (located at SASi) with your payment. Thank you!



The Vision



Former Board President Loris Michael and Lucy



**Hello SASi!**

**Kitchen Korner**

Happy Summer! We are very fortunate to have such great people in our community! The donations deserve a shout out! We would like to thank Bonner-Boundary Cattle Association and Woods Meat for a huge donation of 150lbs of beef! We are grateful for all your support! Thank You! Health and Happiness,  
*Chef Brenda*




## Geezer Forum

**Tue June 9th 2:30 at Marigold Bistro & Cafe**  
**Topic Maintaining Independence and Aging in Place**

Are you or someone you know interested in learning about how to age in place? If so please join SASi for our next Geezer Forum.

Aging in place is the ability to live in one's own home and community safely, independently, and comfortably as one ages. It emphasizes maintaining autonomy and avoiding institutional settings (nursing homes). It involves adapting the home and lifestyle to manage changing physical, social, and health needs, fostering independence and personal control.

## COOLING CENTER

The Sandpoint Senior Center operates as a cooling center whenever the National Weather Service issues an extreme heat advisory covering Bonner County. While such an advisory is in effect, the Center will maintain extended hours including but not limited to: 3 pm to 6 pm on weekdays (M-F) and 12 pm to 6 pm on Saturdays and Sundays.

*SASi reserves the right to decline cooling center services as deemed necessary under the circumstances presented*

During regular business hours  
Mon-Thurs 8-3:00 pm, Fri 8-12:00 pm

During Heat advisory  
Mon-Fri 3-6:00 pm Sat & Sun 12:00-6:00 pm

# Thank You

Thank you to our advertisers for supporting our outreach efforts! Your ad reaches hundreds of people each month in print and online.

Call us to advertise your business.

208-263-6860

**We can help you prevent, detect, and report Medicare Fraud**

Call your North Idaho Senior Medicare Patrol  
**1-800-786-5536 ext 4071**  
Or email [smp@nic.edu](mailto:smp@nic.edu)

This project was supported, in part by grant number 90MPPG0034-02-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

**Life Care Center of Sandpoint**  
SKILLED NURSING FACILITY  
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(208) 265-9299  
FAX (208) 265-9710

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204 E. Superior Sandpoint, ID 83864

(208) 255-5577

Jess Wolfrum  
Licensed Denturist

**Advertise Your Business Here**

**DID YOU KNOW?**

Do you have a family reunion, game night, baby shower that you are planning and don't have the space? Check availability at The Senior Center for your upcoming activity! Call us at 208-263-6860 or stop by in person at 820 Main St in Sandpoint.

**ADVANCED CARE NORTH WEST**

45025 N Highway 25, Sandpoint, ID 83864



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[advancedcarenw@protonmail.com](mailto:advancedcarenw@protonmail.com)

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Thank you for your trust."

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Ponderay, ID 83852

Office (208) 265-2026  
[cspears4insurance@gmail.com](mailto:cspears4insurance@gmail.com)

## Information & Assistance



Main (208) 667-3179  
Toll Free (800) 786-5536  
Fax (208) 667-5938  
[infoassist@nic.edu](mailto:infoassist@nic.edu)  
[www.aaani.org](http://www.aaani.org)

402 W. Canfield Ave., Ste. 1  
Coeur d'Alene, ID 83815

# Thank You Donors ( this current list was restarted from 4/14/26-5/13/26)

## Individual Donors

Anonymous Donors  
 Creed, Richard  
 Dale, John  
 Dreier, David & Peggy  
 Gooby, Robert  
 Hall, Kathy  
 Howes, Jamesheron, John  
 Hull, Daniel & Yvonne  
 McPherson, John & Mary  
 Nadeja, Mary  
 Norsby, Debra  
 Wallace, Lloyd & Alice  
 Whitney, Loren

## Corporate Donors

Alpine Motors GMC  
 Anderson Creations  
 Angels Over Sandpoint  
 Auburn Crest  
 Bonner-Boundary Cattle Assoc.  
 Dover Community Church  
 First Presbyterian Church  
 Holy Spirit Episcopal Church  
 Idaho Community Found.  
 Innovia Foundation  
 Lighthouse Foods  
 Newman Comm Bible Church  
 St. Joseph Alter Society  
 Ting  
 Washington Trust Bank

## In Memory Of

Cox, Alamae & Lloyd  
 Kinder, Deannie  
 Marshall, Leslie  
 Michael, Loris  
 Robertson, Marilyn  
 Stockman, Geraldine

### SASi Wish List

Labels 1.75"x .5" PLS339

Shipping Labels #ST18066

Address labels # 5160

Ground Folgers Coffee

Individually packaged chips

Copy Paper 8.5 x 11

Copy paper 11 x 17

Individually wrapped chocolate candy

Single size international delight hazelnut and chocolate coffee creamers

Individually wrapped hot chocolate packets

Scotch thermal laminating pouches 3mil letter size

Holiday themed disposable place mats

Dawn powerwash Spray

Fruit Cups

Store bought cookies

Business cards ST12522 3.5X 2in

## DONATE TODAY!



Thank you to all of our anonymous & individual donors! If you are not listed, please notify us.

### Special Thanks To



Forever Idaho North  
 in the



FOUNDATION



Many thanks to all of our donors, we couldn't do it without you!!!

SASi is a 501(c)3 non profit organization. Your donations are tax deductible!!

We appreciate all of your contributions, any size!

Sandpoint Area Seniors, inc. (SASi) is funded primarily through grants and *your donations!* We receive only partial reimbursement from the Area Agency on Aging of North Idaho. This funding covers approximately 1/3 the cost of our nutrition programs. SASi currently provides approximately 2,300 meals a month, both in-house and home-delivered throughout Bonner County.

The Senior Center is a Center for Social, Health, Educational Classes, and Events.

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Donation Amount \$ \_\_\_\_\_

I/We want to help Sandpoint Area Seniors, Inc. keep the doors open! Drop off or mail to:

SASi, 820 Main Street, Sandpoint, Idaho 83864