



JANUARY

*SASi Staff wishing you a
Happy New Year*



Sous Chef Alandra Doran, Operations Manager Jessie Vachon, Finance Officer Nancy Savage, Administrative Assistant Arie Sykes, Custodian Brad Webb, Head Chef Brenda Curtis, Nutritional Assistants Kristi Coldsnow & Nova Dodd.

Photo courtesy to Gordy Carpenter.

Newsletter
January 2026

SASi
SANDPOINT
AREA
SENIORS, INC.

820 Main Street
Sandpoint, ID
83864

Mon-Thurs 8:00-3:00
Fri 8:00- 12:00
208-263-6860

Medical Equipment

Mon-Thurs 8:00- 10:30 &
12:30 - 2:30

The Sandpoint Area Seniors, Inc. strives to address food insecurity and social isolation among the most vulnerable members of the senior community in the Bonner County area. We do this by providing nutritious meals both on-site and through home delivery as well as providing a gathering place and informational site for social, recreational, and wellness programs.

Need a meal delivered to your home or connecting elder services in the area? Call for more information!

Check out our website
www.sandpointareaseniors.org
a 501 (c) 3 non-profit corporation

*We have had a wonderful
Holiday Season.*



Thank you to all of our sponsors and donors from our fall campaign! Our goal was \$93,000 and we raised \$94,935 as of 12/19/25

Anonymous Donors
Abromeit, Shannon
Anderson, Steven
Asche, Jeanine
Babcock, Gayla
Beard, Susan
Beebout, Marie
Beyer, Sally
Bilodeau, Peter
Blakey, Lawrence
Bogdan, Linda
Bond, Jeanne
Bond, Richard
Bradetich, Douglas & Mindi
Braun, Annette
Brown, Edwin
Buchanan, Barbara
Butler, Murry
Cafferty, Jean & Frank
Cameron, Barda
Campbell, Charmayne
Charlton, Rae
Chrismer, Mike & Kitty
Cline, Foster
Crawford, Pamela
Creed, Richard
Daubersmith, Mary
Davis, Karen
DeBaun, Janice
Denteler, Dorothy
Dille, Jamey
Doudna, Jim & Patty
Dreier, David & Peggy
Eldred, Kathleen

Ennis, Sherry
Eskridge, George
Faletto, Richard & Elizabeth
Farmin, Ted
Fruehling M.D., Erich
Gibbs, Joe & Linda
Gleason, Shirley
Griggs, Debi
Hahn, Marcia
Halbert, Kathleen
Hall, Connie
Hall, Kathy
Haussler, Pam
Hayes, Cindy
Haynes, Anne & Jim
Hellier, Heather
Holt, James
Holub, Richard
Hughes, Lindsey
Immel, David
Inselman, Esther
Jenkins, Ron & Nanci
Jones, Jay & Linda
Kary, Weslie
Keating, Marjorie
Kendle, Diana
Kiene-Wheeler, Dion
Kinney, Malcolm
Klatt, Steven
Klein, Nikki
Kovalchuck, Rebecca
Krasselt, Linda
Kritzeck, Ann
Lassen, Denise

Legget, Rufayne
Lever, Ruth
Linscott, Frank & Carol
Loran, Kary
Mamajek, Ronald
Martin, Adele
McMains, Barbara
Melia, Linda
Mendenhall, Lisa
Meulenberg, Dan & Lori
Moody, John
Nadeja, Mary
Nelson, Marcella
Nelson, Susan
Nygren, Jill
Olson, Sheryn
Olson, Ted & Astrid
Otey, Linda
Pardini, Tari
Parker, Shirley
Parry, Shawna
Pederson, Judith
Pence, Dennis
Perchynski, Julie
Peterson, Dan & Brissa
Pfalzgraf, Ellen & Scot
Phillips, Allen & Catherine
Pierce, Connie
Pine, Anita
Pisani, Molly
Pizzini, Cathleen & Thauron
Poppino, Sue & Mick
Porter, Susan
Powers, Mark

Qualls, Bob
Rainey, Lola
Renk, Nancy
Reynolds, Rebecca
Rinker, Millie
Roberson, Frances
Roberts, Andrew & Glenna
Roberts, Janice
Roberts, Lynda
Rogers, Teresa
Rolph, James & Barbara
Rowley, Virginia
Ryan, Beryl
Sacht, Sally
Sadewic, Almira
Sauter, Mark
Savage, Kevin & Nancy
Sevenich, Richard & Eli
Shay, Howard
Shearer, Steven
Skeen, James
Snyder, Betty
Sorentino, Susan
Spade, Robert
Stevens, Patricia
Stewart, Patricia & Bruce
Tapp, Helen
Thurlow, Rhonda
Townsend, Phyllis
Vetromile, Thomas & Bronwen
Welch, Ron & Shelia
Whitson, Ray & Sandra
Williams, Charlotte Ann

Wilson, Barbara
Witcraft, Sherry
Young Shakura
Youtz, Stepen

113 Main
Apex Construction
Bonner County Sportsmens Foun.
Dairy Depot
Hymowitz Family Foun.
Idaho Community Foun.
Keating Jones Hughes PC
King Ventures, Inc
Kochava, Inc
Mark, Inc
Moody, John B DVM
Mountain Ledgers
Mountain West Bank
Novotny Charitable, Foun
P1FCU
Peak Sand & Gravel Inc
Sandpoint Denture Clinic, Inc
Sandpoint Super Drug
Sequim Oldies & Goodies
STCU
The CO-OP
VCA N. ID Animal Hospital
Waterfront Property Manag.
Winter Ridge
Wood V-X Ranch
Wood's Crushing & Hauling



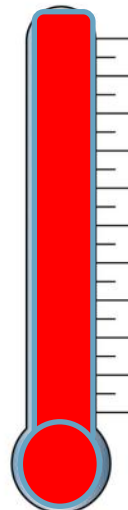
GOAL!

\$94,935

As of 12/19/25



SASi Operations Manager Jessie Vachon
Accepting a check from STCU representative
Charles Lui.



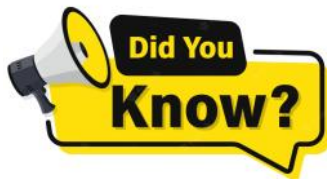
Felting Class has been such a blast. Look at this flock of penguins made at our last class!



Our next class with Rae Lin Aller from Creations will be Thurs Jan 8th at 12:30. Cost is \$10. We will be making wet felted kitty keychain Cozy. Call 208-263-6860 to reserve your spot.



SASi has an Amazon Wish List. You can find this on our website, search for "SASi Wish List" on amazon.com or type in <https://a.co/9HQYq5z>



The Senior Center is a place you can rent for your next upcoming activity! Do you have a family reunion, game night, baby shower that you are planning and don't have the space? Call us at 208-263-6860 or stop by in person at 820 Main St in

Medical Equipment

Do you need crutches, a walker or a bath seat? We have numerous items available for check-out! Bring us your gently used medical equipment as long as its clean and during business hours! **Mon-Thurs 8-10:30 am or 12:30-2:30 pm.**



Thank you for your support.

Board of Directors

President: Lindsey Hughes
Vice President: Weslie Kary
Secretary: Judy McComish
Treasurer: Kellie Dryden

Jane Evans
Robbie Gleason
Joann Munch
Elizabeth Nelson
Sue Poppino

Sasi Staff

Operations Manager & Meal Coordinator: Jessie Vachon
Development Director: **HIRING**
Finance Manager: Nancy Savage
Administrative Assistant: Arie Sykes
Head Chef: Brenda Curtis
Sous Chef: Alandra Doran
Custodian: Brad Webb
Nutritional Assistants: Nova Dodd, Kristi Coldsnow
Volunteer Coordinator: Sue Poppino

SASI UPCOMING ACTIVITIES

- Art Classes- Wed 12:30- 2:30 learn to draw
- Bridge Tues 12:30
- Bunco Mon 12:30— 2:30
- Fit n Fall Proof Mon & Thurs 3:00
- Knitting/ Needle work Wed 12:30
- Music with Dan-o Mon 11:00
- Open pool table Mon, Tue & Thurs 8:30- 10:30
- Piano Music and with Betty Overland Tues & Thurs 11:00
- Pinochle Wed 9:30
- Blood Pressure checks Thurs at 11:00 if EMTs are available
- Do you have a game you like to play but need a bigger space to host? We have the space. If interested please call 208-263-6860.

SAVE THE DATES

- Closed Thurs 1/1 & Fri 1/2
Happy New Year
- Old Time Fiddler Jam Sat 1/3 2:00
- Felting Class Thurs 1/8 Kitty Cozy 12:30 \$10
- Hawaiian Theme day Thurs 1/22
- Board Meeting is on Fri 1/23 at 10:30
Open to the public
- Birthday Thursday 1/29 11:30
50/50 Winner announced
- Bingo Sat 1/31 doors open 12:30 play begins 1:00
- **Remember the Geezer Forum ? Keep a look out in 2026 as it will be coming back!**

Like us on Facebook!

<https://www.facebook.com/SASiSeniors/>



Development Director

Do you want to help enrich the lives of Sandpoint Area Seniors? SASi is recruiting for a Development Director, a rewarding role that is vital to funding our nutrition and social services. Interested persons may review a job description on SASi's Facebook page and may apply by sending resume to



info@sandpointareaseniors.org or in person at 820 Main St.

Senior Companion Program

The Senior Companions Program is a volunteer program that provides companionship and respite care to the elderly and disabled. Sponsored by Panhandle Health District, it serves the five northern counties: Benewah, Bonner, Boundary, Kootenai, and Shoshone. It allows low income senior volunteers an opportunity to assist those who need minor help to continue living independently. Senior Companions visit clients in their homes, but it is not an in-home care program. We are always seeking volunteers to assist with companionship for this fun and rewarding program!

Alzheimer's Support Groups

For Families, Caregivers and Friends of those with Dementia, Alzheimer's, and memory challenges meet on the 1st and 3rd Thursdays, 1 - 2:30 pm at the Marigold Bistro Meeting Room located at 414 Church St. Call Facilitator, Jan Griffitts 208.290.1973

SASi Dining Room Lunch

Lunch is served Mon-Thurs at 11:30

As always, call the day before or no later than 9:30 am the day of Mon- Thurs to reserve your meal.

Lunch Price: Registered Seniors 60yrs and older: \$7 suggested donation. NON-registered and Guests under age 60: \$10 charge (mandatory)

Thank you Elizabeth Storms from Sandpoint High School for painting our windows for the holidays. They are beautiful.



Winter

Old man winter
Has come to town,
His cold is serious...
He doesn't mess around!

Gone are the leaves
And all traces of WARM,
We got us Winter
In the coldest form!

So get out your parka
And long underwear,
'cause "chilly" is here
To replace what was "fair"!

Goodbye to bikinis
Short shorts and the rest,
And welcome the snow
Which winter loves best!

- Vivian E. Bogardus



- | | |
|--------------------------|----------------------|
| Monica Sheffield 1/1 | Gloria Ault 1/14 |
| Julie Smith 1/1 | Lisa Embree 1/14 |
| Paul Smith 1/1 | Dan Osborne 1/14 |
| Crista Bushell 1/2 | Alyssa Shaffer 1/14 |
| Karla Smith 1/2 | Terry Duncan 1/15 |
| Leon Fontinatos 1/3 | Jim Hance 1/15 |
| Phyllis Goodwin 1/3 | CarLotta Lunn 1/17 |
| Cindy Santi 1/3 | Randy Krieg 1/18 |
| Edna Schilling 1/3 | Ley Soltis 1/18 |
| Donna Marie Candless 1/5 | Barbara Wilson 1/18 |
| Sherry Metz 1/5 | Ruby Sanford 1/19 |
| Jan Burt 1/6 | Tracy Nielson 1/23 |
| Von Pelot 1/6 | Jan Morgenstern 1/24 |
| Sharon Long 1/10 | Nancy Smith 1/24 |
| Karen Fishburne 1/11 | Skip Young 1/24 |
| Nanci Jenkins 1/11 | Asih Olson 1/26 |
| Donna Musacchia 1/12 | Barbara Beck 1/27 |
| Phyllis Esposito 1/13 | Shauna Driggs 1/28 |

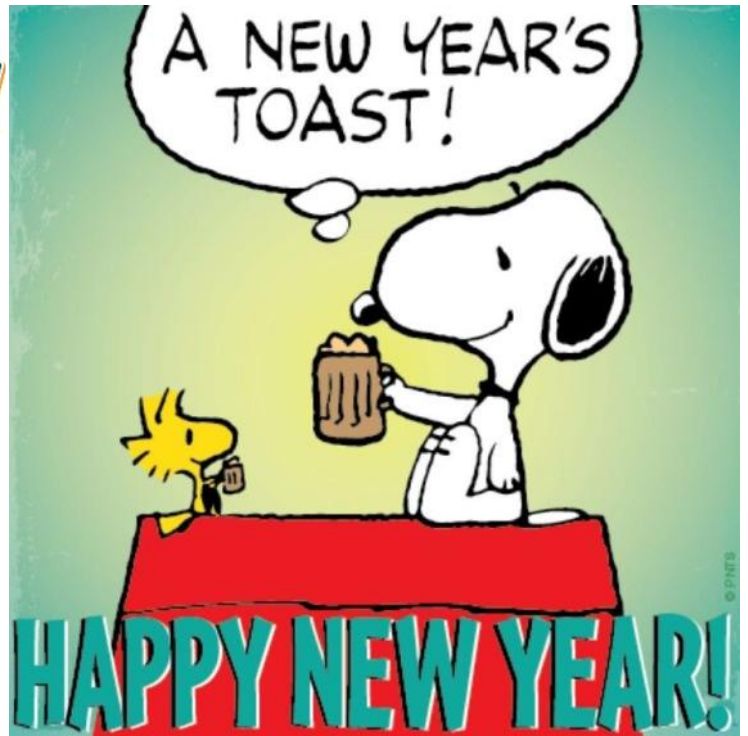
SASi Wish List

- Fruit Cups
- Shipping Labels #ST18066
- Address labels # 5160
- Store bought cookies
- Ground Folgers Coffee
- Individually packaged chips
- Copy Paper 8.5 x 11
- Copy paper 11 x 17
- Single size international delight hazelnut coffee creamers
- Duncan Hines frosting & cake mixes yellow, white & chocolate
- Individually wrapped tea packets (green, lemon, golden glow & earl grey)
- Holiday themed paper table placemats for dining room 60 count
- 2x 1.5 post it notes
- Sandwich ziplocks
- Gallon ziplocks

KUDOS



- Verna Gabel, Smitty & Heidi Smith for the coffee.
- Anita Pine for the gift baskets and supplies.
- Virginia Rowley for the eggs.
- Pamela Crawford, Jo Brewer & Kristi Coldsnow for the candy.
- Nikki Klein, Anna & Ed Schramm for the paper donation.
- Debbie Perry for donating around 350lbs of pork !!!!
- Lindsey & Jim Hughes for the Christmas Lights.
- Ginger Eastlund & Jackie Bowman for Holiday treats.
- Bob Gooby for sharpening our knives.
- Patti Stark & Nikki Klein for the hand soaps.
- Patti Stark for the air fresheners.
- Linda Diffey & Murry Butler for decorating our lobby for Christmas. Pic below
- Kristi Coldsnow & Sally Sacht for helping decorate our Christmas tree. Pic below
- Carol Smith / 7th Adventist Church for the food donation. Pic below
- Congrats to Sandy Roberts our 50/50 winner



Would you like to receive this newsletter *at home*?

Help us save paper and receive it free through *email*. Please provide your email address. Newsletters, menu, and activity calendar are also on our website at www.sandpointareaseniors.org We can mail it to you for \$24/year to cover printing and mailing.



SUDOKU

Complete the grid so each row, Column and 3-by-3 box (in bold borders) Contains every digit from 1-9.
For strategies on solving Sudoku, visit Sudoku.org.uk. Level Easy



2	8				4			
		3			7	2		
		1	9	4				
						6	9	
1			3		6			2
	9	8						
				8	1	9		
		9	7			3		
	2	4					8	5

Thank you generous supporters!! Find names and logos from donor organizations at www.sandpointareaseniors.org/community-support/



Shop at Yokes and support SASI!

Support Sandpoint Area Seniors with a Yoke's eScrip community card.

- Visit Yoke's Market & request a Yoke's eScrip Community Card.
- Activate your card by calling 1.800.931.6258 or visit www.escrip.com/yokes.jsp
- Present your card to the cashier every time you shop at Yoke's.
- Simply swiping your card generates contributions from Yoke's to Sasi.
- The more you shop, the higher the contribution.
- For every dollar you spend, Yoke's will contribute up to 5% of your purchase amount.

Sandpoint Senior Center Inc Group ID# 500043338



Kitchen Korner

Hello SASi Family

Another year over and a new one just begun! SASi Staff had so many compliments this past year, it has touched the hearts of all of us that are here to serve you. Our Home Delivered participant have also sent cards and letters even and that's a huge compliment. I would like to share a beautiful comment from one of our Congregate guest that just topped off another great year of serving you. It goes a little something like this:

Just a little note to say

"How very bright you make our days!
When sky's turn grey, and days are long
You lift our hearts when
Betty and Dan-O plays a song!
The people all smile, we feel we've come home,
Chefs meal appears,
With all her charm,
She greets us with humor,
We pray our food is Blessed,
We are in for a treat soup, salad bar, and all the best!
Thank you!!!"



From SASi to you! Health and Happiness,
Chef Brenda



Thank you to WaFd Bank for not only hosting our Giving Tree this year but also donating gifts and a \$200 check. Merry Christmas!

Pictured from WaFd Bank Danielle Resso, Alisha Kowalski and SASi Jessie Vachon



Sandpoint Elks Lodge Tim Fitzpatrick & Linda Tatlock handing a \$1000 check to SASi Board President Lindsey Hughes and Operations Manager Jessie Vachon to support our Home Delivered Meal program.

Students Helping Seniors

SHS is teaming up with SASi

Are you a senior that needs help around the house with raking leaves, snow removal or small projects?

If so call Sandpoint Area Seniors at 208-263-6860 to be put in touch with SHS Students looking for volunteer opportunities.



Linda Tatlock & Tim Fitzpatrick stuck around to help package meals for some of our Home Bound Seniors. They did a great job!

Thank You

Thank you to our advertisers for supporting our outreach efforts! Your ad reaches hundreds of people each month in print and online.

Call us to advertise your business.

We can help you prevent, detect, and report Medicare Fraud

Call your North Idaho Senior Medicare Patrol
1-800-786-5536 ext 4071
Or email smp@nic.edu

This project was supported, in part by grant number 90MPPG0034-02-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

Life Care Center of Sandpoint
SKILLED NURSING FACILITY
WWW.LCCA.COM

A PREMIER HEALTH CARE FACILITY

1125 North Division Street
Sandpoint, ID 83864
(208) 265-9299
FAX (208) 265-9710

Sandpoint Denture Clinic, Inc.
Direct to the Public
Over 30 Years Experience
Quality and Satisfaction Guaranteed

Riverside Bldg, Suite 9
204 E. Superior Sandpoint, ID 83864

(208) 255-5577

Jess Wolfrum
Licensed Denturist

ADVANCED CARE NORTH WEST
450425 N. Highway 29, Sandpoint, ID 83864

THE BEST OF BUSINESS COUNTY 2024
DAILY BEE

Home is where you want to be.
Providing Safe and Independent Living in the Comfort of Your Home.

Tel: 208-263-3225
advancedcarenw@protonmail.com
www.advancedcarenorthwest.com

THE BRIDGE AT SANDPOINT

AN ASSISTED LIVING COMMUNITY
1123 N. Division Street, Sandpoint, ID 83864

Spears Insurance

- Medicare Health Plans
- Prescription Drug Plans
- Dental & Vision Plans

"Your Referral is the best compliment. Thank you for your trust."

Carey Spears
100 Vermeer Dr, Ste B
Ponderay, ID 83852

Office (208) 265-2026
cspears4insurance@gmail.com

Advertise Your Business Here

Advertise Your Business Here

Thank You Donors

Individual Donors

Ankersmit, Lori
 Brewer, Jo
 Brock, Donna
 Brooks, Virginia
 Camp, Robert & Carol
 Carrier, Richard
 Casey, Kerry
 Chrismer, Mike & Kitty
 Cornett, Asenath
 Corpus, Lin
 Cottrell, Joanne
 Crawford, Pamela
 Creed, Dick
 Denteler, Dorothy
 Dohrman, Malvin
 Ferguson, James
 Gladish, Charles & Sonia
 Gourley, Suellen
 Godec, Mary Jo
 Gooby, Robert
 Grebner, Marythea
 Hall, Kathy
 Hills, Elizabeth
 Holden, David
 Holub, Richard
 Howes, James
 Hull, Daniel & Yvonne
 Juneau, John
 Kowalski, Alisha
 Krasselt, Linda
 Kreig, Randy
 Labrie, Judy
 Leppin, Bill
 Lewis, Nancy
 Martin, Adele
 McComish, Judy
 McPherson, John & Mary
 Melia, Linda

Mendenhall, Trudell
 Miller, Evelyn & Gerald
 Miller, Janis
 Mitchell, Shirley
 Nadeja, Mary
 Norsby, Debra
 Otis, Bill
 Overland, Betty
 Parent, Barbra
 Pays, Cheryl
 Pelz, John
 Perron, Mary
 Peterson, Donna
 Piper, Lynn
 Plank, Catherine
 Poppino, Mick & Sue
 Qualls, Bob
 Rainey, Lola
 Raynor, Roy & Linda
 Reagan, Ingrid
 Record, Betty
 Remmetter, Mark
 Rinker, Millie
 Robertson, Marilyn
 Royer, Craig
 Sandall, Richard
 Schramm, Anna & Ed
 Schuppel, Diana
 Shields, Jana
 Skeen, James
 Smith, Roger
 Stockman, Geradine
 Swan, M G
 Synder, B
 Thurston, R.D.
 Todd, Kevin
 Vetter, Janet
 Vopelak, Eileen
 Wallace, Fern
 Wallace, Lloyd & Alice
 Welch, Ron & Shelia

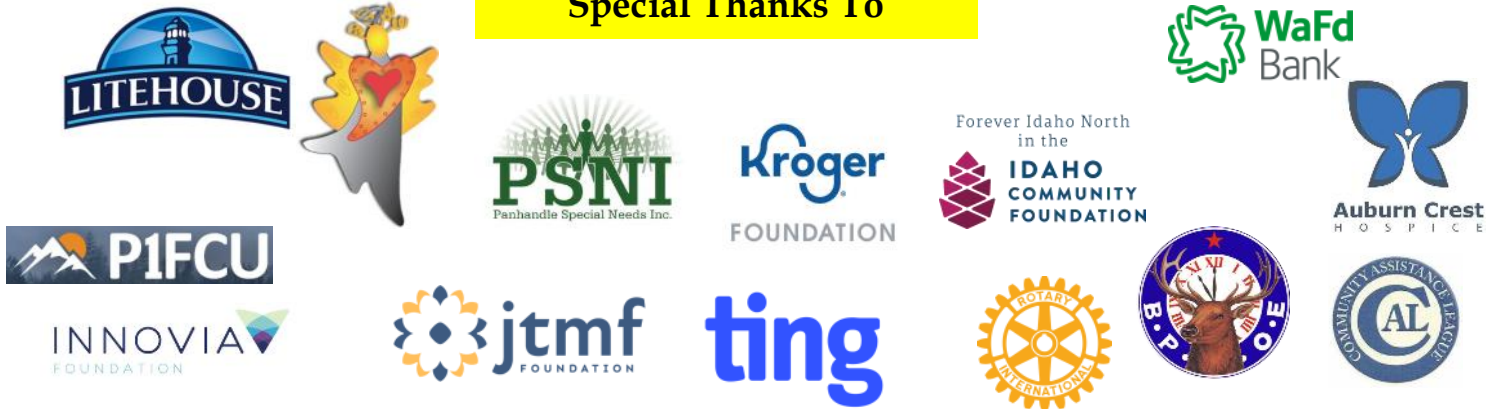
Wise, Lynn & Martha
Corporate Donors
 Anderson Creations
 Area Agency on Aging
 Auburn Crest
 Boden Architecture
 CO-OP
 Dover Community Church
 Ferguson Family Charitable Fund
 Idaho Community Found.
 Innovia Foundation
 Life Care Center of Sandpoint
 Lighthouse Foods
 Molina Healthcare—Med.
 Northern Lights Comm Trust
 Sequim Oldies & Goodies
 Ting
 United Healthcare
 Washington Trust Bank
 In Memory Of
 Cox, Alamae & Lloyd
 Stockman, Geraldine



DONATE TODAY!

Thank you to all of our anonymous & Individual donors !! If we have missed listing you, please notify us

Special Thanks To



Many thanks to all of our donors, we couldn't do it without you!!!

**SASi is a 501(c)3 non profit organization. Your donations are tax deductible!!
 We appreciate all of your contributions, any size!**

Sandpoint Area Seniors, inc. (SASi) is funded primarily through grants and *your donations!* We receive only partial reimbursement from the Area Agency on Aging of North Idaho. This funding covers approximately 1/3 the cost of our nutrition programs. SASi currently provides approximately 2,300 meals a month, both in-house and home-delivered throughout Bonner County.

The Senior Center is a Center for Social, Health, Educational Classes, and Events.

Name _____ Email _____
 Address _____ Donation Amount \$ _____

I/We want to help Sandpoint Area Seniors, Inc. keep the doors open! Drop off or mail to:

SASI, 820 Main Street, Sandpoint, Idaho 83864