

# September 2019 Sandpoint Area Seniors, Inc. Menu

820 Main Street, Sandpoint, Idaho 83864 208.263.6860

Lunch - 11:30am, Mondays-Thurs.

Breakfast - 8:30am, Fridays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. <b>LABOR DAY CLOSED!!</b>	3. <b>Chicken Breast Baked Potato Mixed Vegetable Salad Bar Dessert</b>	4. <b>Maple Salmon Rice Pilaf Green Beans Salad Bar Dessert</b>	5. <b>Ham Sweet Potatoes Peas &amp; Carrots Salad Dessert</b>	6. <b>Bacon &amp; Eggs Hash Browns Toast Fruit &amp; Juice</b>
9. <b>Sweet &amp; Sour Chicken Rice Stir Fry Vegetable Salad Bar Dessert</b>	10. <b>Broccoli/Cheese Soup Ham/Cheese Sandwich Salad Bar Dessert</b>	11. <b>Beef Stroganoff Brussels Sprouts Salad Bar Dessert</b>	12. <b>Honey Mustard Chicken Fingerling Potatoes Corn Salad Dessert</b>	13. <b>Bacon/Cheese Omelette Hash Browns Whole Wheat Toast Fruit &amp; Juice</b>
16. <b>Sloppy Joes Oven Wedge Potatoes Carrots Salad Bar Dessert</b>	17. <b>Salisbury Steak/mushrooms Mash/Gravy Broccoli Salad Bar Dessert</b>	18. <b>Polish Sausage/kraut Parsley Potatoes Carrots Salad Bar Dessert</b>	19. <b>Pork Chops Mash/Gravy Corn Salad Dessert</b>	20. <b>Pancakes Bacon &amp; Egg Fruit &amp; Juice</b>
23. <b>Oven Fish Tater Tots Peas Salad Bar Dessert</b>	24. <b>Spaghetti Garlic Toast Spinach Salad Bar Dessert</b>	25. <b>Chicken Cacciatore Steamed Potatoes Corn Salad Bar Dessert</b>	26. <b>Meatloaf Mash/Gravy Brussels Sprouts Salad Dessert</b>	27. <b>Biscuits &amp; Gravy Sausage Links Hash Browns Fruit &amp; Juice</b>
30. <b>Meatballs Mash/Gravy Green Beans Salad Bar Dessert</b>		<div style="border: 1px dashed black; padding: 5px;">                     All meals provided by Sandpoint Area Seniors meet one-third of the Recommended Daily Allowance, as defined by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences.                 </div>		

Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$4.00 (or whatever you can afford). Guests under age 60 are charged \$8.00 each (includes tax). Remember, whenever possible, a one-day advance meal reservation is appreciated. Please call 208-263-6860, 8am-3pm, to make a reservation. Milk, Coffee, Tea and Bread are served with each meal.