

# July 2019 Sandpoint Area Seniors, Inc. Menu

820 Main Street, Sandpoint, Idaho 83864 208.263.6860

Lunch is at 11:30am, Monday-Thurs.

Breakfast is at 8:30am, Fridays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Cheeseburger French Fries Corn Salad Bar Dessert	2. Stuffed Peppers Rice Squash Salad Bar Dessert	3. BBQ Chicken Baked Beans Vegetable Salad Bar Dessert	4. <i>FOURTH OF JULY</i> <i>SASI CLOSED</i> 	5. French Toast Ham & Egg Fruit & Juice
8. Ham Mac & Cheese Broccoli Salad Bar Dessert	9. Parmesan Chicken Rice Normandy Vegetable Salad Bar Dessert	10. Baked Cod Potatoes au Gratin Brussels Sprouts Salad Bar Dessert	11. Meatloaf Potatoes Key Largo Vegetable Salad Dessert	12. Bacon & Eggs Hash Browns Toast Fruit & Juice
15. Chicken Cacciatore Rice Mixed Vegetable Salad Bar Dessert	16. Oven Fish French Fries Vegetable Salad Bar Dessert	17. Spaghetti Garlic Toast Spinach Salad Bar Dessert	18. Chicken Fried Steak Mash/Gravy Winter Blend Vegetable Salad Dessert	19. Pancakes Bacon & Egg Fruit & Juice
22. Salmon Rice Stir Fry Vegetable Salad Bar Dessert	23. Beef Stroganoff Green Beans Salad Bar Dessert	24. Ham Yams Carrots Salad Bar Dessert	25. Oven Chicken Mash/Gravy Corn Salad Dessert	26. Biscuits & Gravy Sausage Hash Browns Fruit & Juice
29. Pork Chop Mash/Gravy Peas Salad Bar Dessert	30. Salisbury Steak Mash/Gravy Mixed Vegetable Salad Bar/ Dessert	31. Turkey Stuffing Vegetable Salad Bar Dessert	<div> <p>All meals provided by Sandpoint Area Seniors meet one-third of the Recommended Daily Allowance, as defined by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences.</p> </div>	

Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$4.00 (or whatever you can afford). Guests under age 60 are charged \$8.00 each. Remember, whenever possible, a one-day advance meal reservation is appreciated. Please call 208-263-6860, 8am-3pm to make a reservation. Milk, Coffee, Tea and Bread are served daily with each meal.