

# June 2019 Sandpoint Area Seniors, Inc. *Menu*

820 Main Street, Sandpoint, Idaho 83864 208.263.6860

Lunch is at 11:30am, Mondays-Thursdays

Breakfast is at 8:30am, Fridays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals provided by Sandpoint Area Seniors meet one-third of the Recommended Daily Allowance, as defined by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences.		Wednesday, June 12, Dinner at Burger Express, 5-7pm! Saturday, June 15, Injector's BBQ, SASi parking lot, 11am – 2pm		
<b>3.</b> <b>Pulled Pork Sandwich</b> <b>Tater Tots</b> <b>Peas</b> <b>Salad Bar</b> <b>Dessert</b>	<b>4.</b> <b>Spaghetti</b> <b>Spinach</b> <b>Garlic Toast</b> <b>Salad Bar</b> <b>Dessert</b>	<b>5.</b> <b>Salisbury Steak</b> <b>Mash/Gravy</b> <b>Brussels Sprouts</b> <b>Salad Bar</b> <b>Dessert</b>	<b>6.</b> <b>Parmesan Chicken</b> <b>Rice Pilaf</b> <b>Carrots</b> <b>Salad</b> <b>Dessert</b>	<b>7.</b> <b>Scrambled Eggs</b> <b>Hash Browns</b> <b>Bacon &amp; Toast</b> <b>Fruit &amp; Juice</b>
<b>10.</b> <b>Oriental Chicken</b> <b>Rice</b> <b>Stir Fry Vegetables</b> <b>Salad Bar</b> <b>Dessert</b>	<b>11.</b> <b>Meatballs</b> <b>Mash/Gravy</b> <b>Normandy Vegetable</b> <b>Salad Bar</b> <b>Dessert</b>	<b>12.</b> <b>Tuna Casserole</b> <b>Peas</b> <b>Salad Bar</b> <b>Dessert</b>	<b>13.</b> <b>Ribs</b> <b>Baked Beans</b> <b>Mixed Vegetables</b> <b>Salad</b> <i>Happy Father's</i> <b>Dessert</b> <i>Day Dinner</i>	<b>14.</b> <b>French Toast</b> <b>Bacon &amp; Egg</b> <b>Fruit &amp; Juice</b>
<b>17.</b> <b>Beef Patty</b> <b>Mash/Gravy</b> <b>Carrots</b> <b>Salad Bar</b> <b>Dessert</b>	<b>18.</b> <b>BBQ Chicken</b> <b>Baked Beans</b> <b>Peas &amp; Carrots</b> <b>Salad Bar</b> <b>Dessert</b>	<b>19.</b> <b>Ham</b> <b>Sweet Potatoes</b> <b>Zucchini</b> <b>Salad Bar</b> <b>Dessert</b>	<b>20.</b> <b>Maple Salmon</b> <b>Potatoes au Gratin</b> <b>Broccoli</b> <b>Salad</b> <b>Dessert</b>	<b>21.</b> <b>Eggs &amp; Bacon</b> <b>Hash Browns</b> <b>Toast</b> <b>Fruit &amp; Juice</b>
<b>24.</b> <b>Meatloaf</b> <b>Mash/Gravy</b> <b>Peas &amp; Carrots</b> <b>Salad Bar</b> <b>Dessert</b>	<b>25.</b> <b>Ravioli/Sausage/Mush.</b> <b>Garlic Toast</b> <b>Spinach</b> <b>Salad Bar</b> <b>Dessert</b>	<b>26.</b> <b>Oven Chicken</b> <b>Potatoes au Gratin</b> <b>Winterblend Vegetable</b> <b>Salad Bar</b> <b>Dessert</b>	<b>27.</b> <b>Pork Chop</b> <b>Mash/Gravy</b> <b>Green Beans</b> <b>Salad</b> <b>Dessert</b>	<b>28.</b> <b>Biscuits and Gravy</b> <b>Hash Browns</b> <b>Sausage Links</b> <b>Fruit &amp; Juice</b>

Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$4.00 (or whatever you can afford). Guests under 60 are \$8.00 each. Remember, a one-day advance meal reservation is appreciated. Please call 208-263-6860 between 8am-3pm to let us know you'll be joining us! Milk, Coffee, Tea are served daily with each meal. Please note the menu is subject to change and meals are served until 11:45am.