

April 2019 Sandpoint Area Seniors, Inc. *Menu*

820 Main Street, Sandpoint, Idaho 83864 208.263.6860

Lunch is at 11:30am, Monday-Thurs.

Breakfast is at 8:30am, Fridays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Chicken Fried Steak Mash/Gravy Mixed Veg. Salad Bar Dessert	2. Oven Chicken Rice Pilaf Broccoli Salad Bar Dessert	3. Fish Sticks Tater Tots Green Beans Salad Bar Dessert	4. Pork Chops Potatoes au Gratin Carrots Salad Dessert	5. Scrambled Egg Bacon Hash Browns Toast Fruit & Juice
8. Baked Salmon New Potatoes Normandy Veg. Salad Bar Dessert	9. Glazed Ham Mac & Cheese Peas & Carrots Salad Bar Dessert	10. Teriyaki Chicken Steamed Rice Oriental Veg. Salad Bar Dessert	11. Meatloaf Mash/Gravy Brussels Sprouts Salad Dessert	12. French Toast Ham & Egg Fruit & Juice
15. Taco Bake Mexi Corn Salad Bar Dessert	16. Beef Ravioli Spinach Salad Bar Dessert	17. Baked Cod New Potatoes/ Asparagus Salad Bar Dessert	18. Ham Yams Mixed Veg. Salad Dessert	19. Pancakes Bacon & Egg Fruit & Juice
22. Swiss Steak Mash/Gravy Mixed Veg. Salad Bar Dessert	23. BBQ Chicken Baked Beans Corn Salad Bar Dessert	24. Salisbury Steak Mash/Gravy Peas & Carrots Salad Bar Dessert	25. Chicken A La King Mash/Gravy Mixed Veg. Salad Dessert	26. Biscuits & Gravy Hash Browns Sausage Links Fruit & Juice
29. Chicken Kiev Baked Potato Normandy Veg. Salad Bar Dessert	30. Stuffed Pepper Rice Pilaf Steamed Carrots Salad Bar Dessert		All meals provided by Sandpoint Area Seniors meet one-third of the Recommended Daily Allowance, as defined by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences.	

Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$4.00 (or whatever you can afford). Guests under 60 are \$8.00. Please call 208-263-6860 to make a reservation. Milk, Coffee, Tea, are available. Salad Bar on Mon. - Wed. Crackers and bread served as well. Please make your reservation at least one-day in advance.