

March 2019 Sandpoint Area Seniors, Inc. *Menu*

820 Main Street, Sandpoint, Idaho 83864 208.263.6860

Lunch is at 11:30am, Monday-Thurs.

Breakfast is at 8:30am, Fridays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals provided by Sandpoint Area Seniors meet one-third of the Recommended Daily Allowance, as defined by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences.				1. French Toast Bacon & Eggs Fruit & Juice
4. Baked Cod New Potatoes Mixed Veg. Salad Bar Dessert	5. Tempura Chicken Steamed Rice Oriental Veg. Salad Bar Dessert	6. Baked Pork Chop Mash/Gravy Steamed Carrots Salad Bar Dessert	7. Meatloaf Scalloped Potatoes Scandi Veg. Salad Dessert	8. Bacon & Eggs Hash Browns Toast Fruit & Juice
11. Spaghetti Spinach Garlic Toast Salad Bar Dessert	12. Fish Fries Winter Blend Veg. Salad Bar Dessert	13. Chicken Bleu Rice Pilaf Carrots Salad Bar Dessert	14. Corn Beef Cabbage/New Potatoes Salad Dessert	15. Pancakes Bacon & Egg Fruit & Juice
18. Tomato Soup Grilled Cheese Chips Salad Bar Dessert	19. Cabbage Roll Rice Pilaf Peas Salad Bar Dessert	20. Lasagna Garlic Toast Spinach Salad Bar Dessert	21. Baked Ham Potatoes au Gratin Mixed Veg. Salad Dessert	22. Bacon Quiche Hash Browns Toast Fruit & Juice
25. BBQ Chicken Baked Beans Mexi Corn Salad Bar Dessert	26. Baked Salmon Steamed New Potatoes Normandy Veg. Salad Bar Dessert	27. Burger/Grilled Onions Steamed Rice Brussel Sprouts Salad Bar Dessert	28. Roast Turkey Mash/Gravy Peas/Carrots Salad Dessert	29. Biscuits and Gravy Hash Browns Sausage Links Fruit & Juice

Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$4.00 (or whatever you can afford). Guests under 60 are \$8.00. Please call 208-263-6860 to make a reservation. Milk, Coffee, Tea, are available. Salad Bar on Mon. - Wed. Crackers and bread served as well. Please make your reservation at least one-day in advance.