



PLACE
STAMP
HERE

"What a lifesaver DayBreak has been for me. They provide quality care in a comfortable and homey environment. I've been bringing Erval to DayBreak for seven years. I just don't know what I would do without it."

Lola Rainy

Contact Us:

DayBreak Adult Day Program
820 Main Street
Sandpoint, ID 83864

(208) 265-8127

Website: www.daybreakhouse.org
www.sandpointareaseniors.org

Email: daybreakcenter820@gmail.com
info@sandpointareaseniors.org

DayBreak Center
820 Main Street
Sandpoint, ID 83864

DayBreak Center

**Adult Day Program &
Caregiver Support**



Re-fuel...

Re-energize...

Relax...

**Caring for you and your
loved one is what we do best!**



"Adult Day Care and Family Support"

DayBreak Center

(208) 265-8127 820 Main St., Sandpoint, ID 83864

A program of Sandpoint Area Seniors, Inc.

www.daybreakhouse.org



What We Do

The DayBreak Center provides quality daytime care for individuals with memory impairments; providing the caregiver with a much needed respite.

In addition to providing a safe, responsive, and homey environment for your loved ones, the professionals at DayBreak work diligently to provide activities that stimulate memory and health as well as socialization.

Activities for Participants:

- ◆ Friendship and laughter
- ◆ Pet visits
- ◆ Daily exercises
- ◆ Music and entertainment
- ◆ Personalized activities
- ◆ Nutritious snacks and lunches

Meeting the Needs of Caregivers and Participants

Benefits for Caregivers:

- ◆ Receive caregiver support, guidance, and resources
- ◆ Worry free; loved ones are in a caring, responsive environment
- ◆ Provide respite to restore and maintain your physical and mental well-being
- ◆ Helps ease the stress of caregiving
- ◆ Alternative to Home Health Care
- ◆ May delay Nursing Home placement
- ◆ Affordable care



The DayBreak Adult Day Center provides socialization and programming that focuses on the mind, body and spirit!

Benefits for Participants:

Activities designed to improve:

- ◆ Mood
- ◆ Sleep
- ◆ Physical & cognitive functioning
- ◆ Active relationships with peers

Who We Are

DayBreak Center is an adult day care service provided by Sandpoint Area Seniors, Inc. a 501(c)3, Not-For-Profit Organization.

DayBreak has been serving the needs of the greater Sandpoint area and surrounding communities since 2007.

Getting Started is Easy

Call our Center at (208) 265-8127 and speak to one of our caring professionals, or better yet, drop by for a visit. We're located at 820 Main in Sandpoint.

Our staff is trained to walk you through the intake process and to make sure that you and your loved one make the transition to adult day care as comfortable and easy as possible.

Affordable Care

We offer our services at an affordable hourly rate of \$10.00. If finances are a problem, talk with our friendly staff. They have resources to assist with the costs.

Free Trial Care

Try our services at no cost. We want you to feel comfortable with the care we provide, so we welcome you to take a free test drive. What better way to find the perfect fit! Call us today!

208-265-8127