

# Sandpoint Area Seniors Menu Jun 2021

Lunch: 11:30am, Mondays-Thurs.

Breakfast: Friday's- canceled

HDM= Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Spaghetti Garlic Bread Spinach	2 Beef Steak / onions Mashed Pot/gravy Fresh Carrots	3 Baked Ham Sweet Potato Brussels Sprouts	4 Eggs Hash Browns Bacon Fruit & Juice
7 Meatloaf Mashed Potatoes/Gravy Carrots	8 Baked Salmon Brown Rice Broccoli	9 Chicken Strips Au Gratin Potato Green Beans	10 Swiss Steak Mashed Pot/gravy Chefs Choice Veg	11 French Toast Bacon Fried Eggs Fruit & Juice
14 Sausage Kraut New Potatoes Buttered Carrots	15 Beef Stroganoff Buttered Noodles Mixed Veg	16 Baked Cod Rice Pilaf Asparagus	17 Roast Beef Mashed Pot/gravy Mixed Veg	18 Ham & Cheese Omelette Hash Browns Bacon Fruit & Juice
21 Chicken Cordon Bleu Parsley Potatoes Winter Blend	22 Chicken Parmesan Penne Pasta Green Beans	23 Taco Bake Brown Rice Mexican Corn	24 Roast Pork Mashed Pot/Gravy Mixed Veg	25 Biscuits/Gravy Hash Browns Sausage Links Fruit & Juice
28 Fish Sticks Fries Peas & onions	29 Beef Tips Parsley Noodles Brussels Sprouts	30 Oven Chicken New Potatoes Mixed Veg		

**Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$5.00 (or whatever you can afford). Guests under 60 is \$8.00. Please call 208-263-6860 to make a reservation. Milk, Coffee, and Tea are available. Menu subject to change.**