

February 2019 Sandpoint Area Seniors, Inc. Menu

820 Main Street, Sandpoint, Idaho 83864 208.263.6860

Lunch is at 11:30am, Monday-Thurs.

Breakfast is at 8:30am, Fridays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. Bacon & Eggs Hash Browns Toast Fruit & Juice
4. Teriyaki Chicken Steamed Rice Oriental Veg Salad Bar Dessert	5. Pepper Steak Noodles Winter Blend Veg Salad Bar Dessert	6. Baked Salmon New Potatoes Steamed Carrots Salad Bar Dessert	7. Baked Pork Chops Scalloped Potatoes Steamed Peas Salad Dessert	8. Pancakes Bacon & Egg Fruit & Juice
11. Stuffed Cabbage Rolls Rice Pilaf Steamed Broccoli Salad Bar Dessert	12. Fish and Chips Green Beans Salad Bar Dessert	13. Baked Lasagna Garlic Toast Steamed Spinach Salad Bar Dessert	14. Raspberry Chicken Rice Pilaf Fresh Asparagus Strawberry Short Cake	15. Bacon Quiche Hash Browns/Toast Fruit & Juice
President's Day -- Closed	19. Meat Loaf Mashed Potatoes /Gravy Peas & Carrots Salad Bar Dessert	20. Tempura Chicken Steamed Rice Oriental Veg Salad Bar Dessert	21. Glazed Ham Sweet Potatoes Brussel Sprouts Salad Dessert	22. Biscuits & Gravy Hash Browns Sausage Links Fruit & Juice
25. Grilled Cheese Sand Tomato Soup Chips Salad Bar Dessert	26. Baked Salmon Steamed New Potatoes Mixed Veg Salad Bar Dessert	27. Parmesan Chicken Rice Pilaf Fresh Carrots Salad Bar Dessert	28. Roast Pork Dressing Gravy Broccoli Normandy Salad Dessert	All meals provided by Sandpoint Area Seniors, Inc. meet one-third of the Recommended Daily Allowance, as defined by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences.

Thank You for joining our Meal Program! Our suggested donation for persons 60 and over is \$4.00 (or whatever you can afford). Guests under 60 are \$8.00. Please call 208-263-6860 to make a reservation. Milk, Coffee, Tea, are available. Salad Bar on Mon. - Wed. Crackers and bread served as well. Please make your reservation at least one-day in advance.